

## SIZE GUIDE

Measuring with a ribbon

Circumference Perimeter in MM	Inner Diameter in MM	RING SIZE				
		Portugal	Europe	USA & Canada	UK, Irland, New Zealand, Austria, South Africa	Japan
44	14.1	4	44	3	F 1/2	4
45	14.3	5	45	3 1/4	G	5
46	14.7	6	46	3 3/4	H	6
47	14.9	7	47	4	H 1/2	7
48	15.3	8	48	4 1/2	I 1/2	8
49	15.5	9	49	4 3/4	J 1/2	9
50	15.9	10	50	5 1/4	K	10
51	16.3	11	51	5 3/4	L	11
52	16.5	12	52	6	L 1/2	12
53	16.9	13	53	6 1/4	M 1/2	13
54	17.3	14	54	6 3/4	N 1/2	14
55	17.5	15	55	7 1/4	O	15
56	17.9	16	56	7 1/2	P	16
57	18.2	17	57	8	P 1/2	17
58	18.5	18	58	8 1/4	Q 1/2	18
59	18.8	19	59	8 3/4	R	19
60	19.2	20	60	9	S	20
61	19.4	21	61	9 1/2	S 1/2	21
62	19.8	22	62	10	T 1/2	22
63	20.0	23	63	10 1/4	U 1/2	23
64	20.4	24	64	10 3/4	V	24
65	20.8	25	65	11	W	25
66	21.0	26	66	11 1/2	W 1/2	26
67	21.4	27	67	11 3/4	X 1/2	27
68	21.6	28	68	12 1/4	Z	28
69	22.0	29	69	12 1/2	Z 1/2	29
70	22.2	30	70	13		30